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## MDTF 2009: Fly high or orb downhill

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One takes to the skies while the other rolls down a hill. Find out more at the first Malaysian Domestic Tourism Fair next month

GET set for two very different attractions at the first Malaysian Domestic Tourism Fair 2009 (MDTF) from July 3-5 at Putra World Trade Centre, Kuala Lumpur.

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One will take you high up in the sky while the other will see you flying and rolling down a small hill. Check out what these are about at the Subang Flying Club and Orb Ball booths at the fair.

### Flying High

If you've ever dreamt of flying a light aircraft, don't miss the offer at the Subang Flying Club booth at the Sports & Hobby section of MDTF.



Getting strapped in the orb ball

There is a special offer that allows you not only a chance to sit in the co-pilot's chair but you will also get to manoeuvre a light aircraft once it cruises at a speed of 150km/ph and 460m above the ground.

This 30-minute introductory flight tour on either Cessna 172 or Cessna 150 is only offered to visitors to the MDTF at RM300 per person.

The four-seater planes will take off from Terminal 3, Sultan Abdul Aziz Shah Airport in Subang, Selangor, where the seven-year-old club is based. It will then fly over Kuala Lumpur city centre and Batu Caves before turning back to the airport.

"It is our effort to reach to more people, especially those who have always wanted to fly a light aircraft," says club president Dr Beh Chor Khim.

The Subang Flying Club is authorised by the Department of Civil Aviation to provide training for private pilot licences. It has two units of Cessna 172, a Cessna 150 and a Socata Trinidad.

Beh, who is also attached to Mahameru International Medical Centre, will also give health talks titled Sihat-sihat Dan Cuti-cuti Malaysia and Guide To Shopping For

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The talks are part of the centre's activities at the MDTF. The booth is located in the Healthcare & Spa section. There are also offers for special medical check-up packages for early detection and prevention of diseases. ■ ■

"Malaysia has world-class healthcare facilities but offered at a local prices. We don't have to go overseas to get the best," adds Beh.

### Orbing Downhill

Orb ball is a relatively new "sport" to hit our shores and has proved to be a hit. First In Malaysia, the company behind the activity, will be giving away RM1,500 worth of vouchers and gifts for lucky draws and contests at MDTF. Visitors will also be able to see an orb ball at its booth.

An orb ball is basically a large, see-through ball in which two people squeeze through to the middle and are strapped in for either a dry ride or a wet ride.

In the wet ride, water is poured into the ball and as it rolls downhill, the water rushing about in the rotating ball makes it a wilder ride. Beware though, these activities are not for the faint-hearted or those with low blood pressure.

Participants can also take part in the Hamster roll where they can either walk, roll and tumble across a flat patch of ground in an orb ball or have friends push them.

The company has two locations where they carry out these activities — Taman Tasik Titiwangsa, Kuala Lumpur and Gemas, Negeri Sembilan.

The one in KL is located near the UKM (branch) campus entrance and is 70 metres long while the area in the Gemas Golf Resort is 250 metres long.

Participants are advised to bring a set of spare clothing (or two if they want to go for the wet ride), towels, sunscreen and goggles for contact lenses and basic toiletries.

For more information, call 03-6257 0047 or visit <http://www.firstinmalaysia.com.my/>



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